October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Nuggets Potato Wedges Veg Blend-corn pepper Dinner Roll No bake Cookie	2 Pork Chops Yams w/marshmallows Green beans Dinner Roll & butter Jello w/ fruit
5 Tator Tot Casserole Peas Dinner Roll Mixed Fruit	6 Shredded Pork Butt w/ potatoes, celery, carrots & onion- Cinnamon Apple Slices Dinner Roll	7 Frito Chili Pie Veg Blend-Caul/Broc Cinnamon Roll Mixed fruit	8 Cooks Choice	9 Oven Fried Chicken Mashed Potato w/ Gravy Mixed Vegetables Mixed Fruit Dinner Roll
12 Chicken Spaghetti Veg Blend- Breadstick Vanilla Pudding	13 Smothered Steak Mashed Potatoes & Gravy Green beans Dinner Roll & Butter Ambrosia	14 Fish Sandwich Mac and Cheese Warm Beets Diced peaches (	15 Shepards Peas & Carrots Dinner Roll & Butter Cake	16 Chili cheese dog French fries Cinnamon roll
19 Ham w/ scalloped potato Green Beans casserole Dinner Roll & Butter Citrus Banana Cup	20 Chicken and Dumplings w/ Carrots & Peas Peas Diced Potatoes Oatmeal Cookie	21 Hamburger w/ lettuce & tomato Chips Baked beans Cake and frosting cookie	22 Cooks Choice	23 Meatloaf w/Mashed Potatoes &brown gravy Stewed Tomatoes Dinner Roll Deluxe Fruit Salad
26 Pork Riblet Sandwich Scalloped Potato Veg Blend-Wheat Berry, White Bean, Spinach Cake w/ frosting	27 Ham and Beans Soup Roasted yams and brussels sprout Cornbread Pudding	28 Breakfast Bowl-egg, sausage, diced potato, cheese Fruit cocktail Blueberry Muffin	29 Chicken Nuggets Potato Wedges Veg Blend-corn pepper Dinner Roll No bake Cookie	30 Breaded Pork Chops Yams w/marshmallows Green beans Dinner Roll & butter Jello w/ fruit

Sam Gross MS. RD. LD

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